

PE Long Term Plan **Indoor Outdoor**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	GYM: Body Management GAMES: Locomotion	DANCE: Interpretive Dance ATHLETICS Indoor- OUTSIDE	GYM: Flight GAMES: Net/Wall	DANCE: Performance Dance GAMES: Object Control	GYM: Floor Exercises GAMES: Sending & Receiving	GAMES: Sending & Receiving GAMES: Locomotion
Year 2	GYM: Body Management GAMES : Object Control (PPA cover)	DANCE: Interpretive Dance ATHLETICS: (Indoor activity to be done outdoor PPA cover)	DANCE: Performance Dance GAMES: Net/Wall	GYM: Flight GAMES: Sending & Receiving	GYM: Floor Exercises GAMES: Locomotion Agility	Harry Gymnastics GAMES: Locomotion ATHLETICS
Year 3	GYM: Body Management GAMES: Invasion	DANCE: Interpretive Dance GAMES: Net/Wall	SWIMMING DANCE: Performance Dance	SWIMMING GAMES: Invasion 2	GYM: Floor Exercises GYM: Flight ATHLETICS	GAMES: Striking & Fielding ATHLETICS
Year 4	GYM: Body Management GAMES: Invasion	DANCE: Interpretive Dance GAMES: Net/wall	GYM: Floor Exercises GAMES: Invasion 2	GYM: Flight Athletics Outdoor	Dance: Performance dance ATHLETICS	GAMES: Striking & Fielding ATHLETICS Indoor
Year 5	GYM: Body Management GAMES: Invasion	DANCE: Interpretive Dance Games Invasion 2	GYM: Floor Exercises athletics indoor activity to be done outdoors?	GYM: Flight GAMES: Net/Wall	Harry gymnastics ATHLETICS	GAMES: Striking & Fielding ATHLETICS 2
Year 6	GYM: Body Management GAMES: Invasion	DANCE: Interpretive Dance ATHLETICS	GYM: Floor Exercises ATHLETICS	GYM: Flight GAMES: OAA	GAMES: Net/Wall ATHLETICS Indoor	GAMES: Striking & Fielding DANCE: Performance Dance