Shaftesbury Road Bridlington East Yorkshire YO15 3PP Telephone: 01262 672475 Email: hilderthorpe.primary@eastriding.gov.uk Head Teacher: Mrs S Hall

Dear Parent/Carer,

On **Tuesday 10th October** Hilderthorpe will be taking part in #HelloYellow day. We are asking the children to come to school wearing something yellow.

#HelloYellow day is all about raising awareness of children and young people's emotional well-being, allowing them to understand that they are not alone and that there is always someone there to support them and listen to them.

We will be completing some fun activities throughout the day that give the children a chance to think about their own emotional well-being as well as ways to help others around us.

Yellow is the colour of fun and smiles and it would be fantastic if we can see a sea of yellow throughout the school that day.

If anyone would like to learn more about #HelloYellow day then please check out their website www.youngminds.org.uk

We look forward to seeing the children on #HelloYellow day!

Regards

Hilderthorpe School Staff













