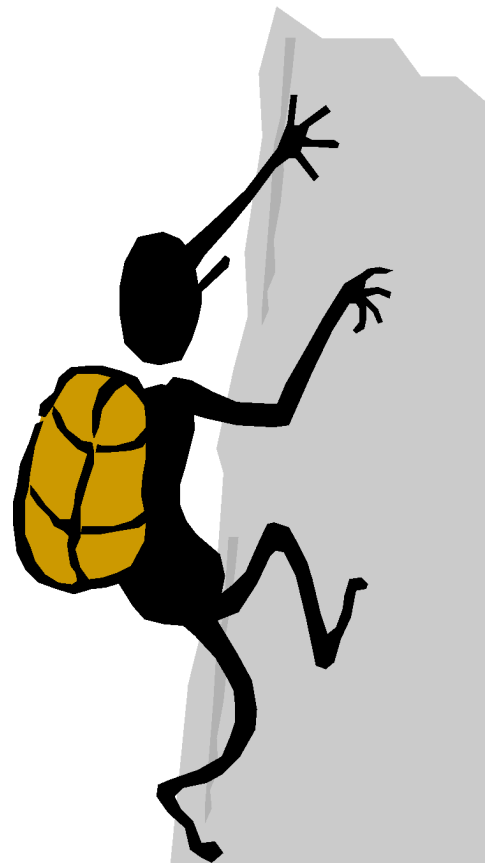


Hilderthorpe Primary Academy



**Year 6 Residential
Visit to Newby
Wiske
North Allerton**

**Wednesday 4th October - Friday
6th October 2023**



**Information for
Parents**

**PGL Adventure Centre
Newby Wiske
Itinerary October 2023**

Wednesday 4th October 2023

9.00	Arrive at school
10.00	Leave School
12 noon	Arrive Newby Wiske
12.30	Packed Lunch
2.00	Afternoon Activities Tea
7.30-9.00	Evening Activity

Thursday 5th October 2023

	Breakfast
9.00	Morning activities
12 noon	Lunch
2.00	Afternoon Activities Tea
7.30-9.30	Evening Activity

Friday 6th October 2023

	Breakfast
9.00	Morning activities
12 noon	Lunch
12.30	Leave for school
2.30 approx	Arrive at school

Activities may include - Raft Building, Abseiling, Climbing, zip wire, archery and problem solving challenges

Evening Activities may include - Scavenger Hunt, Team Games, Problem Solving Tasks

General Information

Venue

Newby Wiske, North Allerton, DL7 9EX

Staff

Mr Hutson, Mrs Hammond-Reid, Mrs Grant, Miss Nichols and Mr Blythe will accompany the children on the visit and will be supervising the children, working alongside the instructors employed by PGL at Newby Wiske.

Accommodation

We will be staying in accommodation with en-suite facilities. The number of children sleeping in a room varies depending on what we are allocated. The children will be provided with bedding.

Centre Rules

The centre has a number of rules to ensure everyone is safe and happy at all times, they are:

- No mobile phones
- No electronic devices
- No food/drink in the bedrooms

- Keep the centre, especially bedrooms, tidy
- Don't enter other people's rooms

Behaviour

The staff at Newby Wiske expect the children to have consideration for all other users at the Centre. They will restrict activities if they feel the behaviour of individuals or the group is such that they are a threat to their own or other people's safety. Parents are asked to sign an undertaking of their child's good behaviour and positive attitude to learning.

Activities

Each child will hopefully have the opportunity to undertake a variety of outdoor and adventurous activities as listed on the previous page. All activities are carried out by qualified instructors - children will not be forced to take part in any activity they feel uncomfortable with, but will be encouraged to have a go.

Health and Safety/Medical

- The pupils are taken through what to do in case of a fire. Centre staff are trained in first aid. The Centre has contact with medical staff in case of an emergency.
- Please inform us of any medical/dietary problems on the parental consent forms. These include any night-time problems we need to be aware of.
- Travel sickness - please make sure your child has taken a tablet if necessary before departure and one has been handed in for the return journey.
- All medicines should be named and labelled to include any specific instructions. These should be handed in to Mrs Grant before setting off. **Please do not give your child any medication to look after, except inhalers, which they need to carry with them at all times.** The medication handed to staff must be the medication detailed on the forms already completed. We are not permitted to administer any medication without prior consent.
- As a precaution against insect bites, children can bring their own insect repellent spray/cream.
- As well as the Centre having its own first aid kit, we will be taking ours. We will include paracetamol (calpol), antiseptic wipes, aftersun lotion, insect bite cream and hypoallergenic plasters. Please indicate on the consent form if we can dispense these should your child require them.

Meals

- All the meals (except lunch on the first day where children will need to bring a packed lunch), will be provided. The children will have a degree of choice at each meal.
- Meals are served cafeteria style and groups are asked to clear their tables after the meal.
- Please inform us of any dietary requirements on the consent form.
- **Please do not send your child with sweets or snacks other than a packed lunch for the first day.**

Kit List

A reminder - **expect your child to get wet and muddy** - we strongly advise that you send old clothes for the activities, please do not send clothing you would not wish to be ruined! Wearing several layers of thin, light clothes during activities is better than

wearing a couple of thick layers. We also suggest a bin bag for their wet clothes as there are no drying facilities.

PGL will provide for each group member all specialist and safety equipment.

You will need to provide for your child:

- Plenty of changes of old clothing - in case of wet weather
- Nightwear, wash bag (soap & toothbrush), 2 towels
- Underwear
- Socks - over ankle length
- 2 fleeces/sweatshirts/jumpers
- 3 T-shirts
- 2 long-sleeved T-shirts
- 3 pairs of old trousers (not jeans) 2 for activities
- 2 pairs of trainers (1 for wet activities)
- Waterproof jacket & cap/hat, gloves (to suit the weather)
- Labelled plastic bags/bin liners for wet items
- Torch and batteries (option but exciting for night time activities)
- Plastic bottle for drinks - labelled
- Packed lunch and drink for first day - fully disposable please
- Can bring books, a **soft toy**, card games. (no electronic devices)
- Disposable Cameras only please - labelled
- Maximum of £5 in a named wallet/purse
- No mobile phones, game boys, jewellery or make-up please
- No aerosols

Personal belongings are the responsibility of the children, which includes cameras. When we depart the centre, we will check for items that have been left, but we cannot be responsible for losses or breakages.

Arrival and Departure

On arrival we will contact school and they will send a text to let you know we have arrived safe and sound. We will also do the same on the return journey to let you know our arrival time back at school. The children will be extremely tired and a prompt collection is always a relief to them.

If we feel it necessary to contact you for any reason, we will not hesitate to do so. If there is any reason for you to contact us in case of a family emergency, the office/home contact has an emergency number to reach us, see details below.

Contact Details

School Based (during school hours)	Mrs Dixon	01262 672475
Emergency contact -	Jo Brown	07955550176

Wednesday morning

Children should arrive at school at 9am, wearing the clothes in which they will be doing the afternoon activity - as there will not be an opportunity to change.

Holdalls and bags can be brought into the hall. Any medication to be handed in at this stage and the children will be registered.

If you have any queries before departure, please do not hesitate to contact us.