



Hilderthorpe

PRIMARY SCHOOL

Aiming High - Reaching Higher

Shaftesbury Road
Bridlington
East Yorkshire YO15 3PP

Telephone: 01262 672475
Email: hilderthorpe.primary@eastriding.gov.uk
Head Teacher: Mrs S Hall

Friday 24th November 2023

Dear Parent / Carers

East Riding MHST Coffee Morning

On Thursday 7th December the East Riding Mental Health Support Team will be in school hosting a coffee morning open to all parents and carers.

This is a wonderful opportunity to meet the team and support you and your child with good mental health.

The coffee morning will run from 9am - 10am in the school hall. Please enter via the side gate.

Refreshments and croissants will be available.

We look forward to welcoming you.

Kind regards

Mrs J. Hoggarth

Assistant Head and SENCO



THE NATIONAL
NURTURING SCHOOLS
AWARD



School
Partnership



Hilderthorpe

PRIMARY SCHOOL

Aiming High - Reaching Higher

Shaftesbury Road
Bridlington
East Yorkshire YO15 3PP

Telephone: 01262 672475
Email: hilderthorpe.primary@eastriding.gov.uk
Head Teacher: Mrs S Hall

East Riding MHST Coffee morning

Hilderthorpe Primary School Thursday 7th December 09:00-10:00

Area of discussion; Meet the MHST and Sleep hygiene

**MENTAL
HEALTH
SUPPORT
TEAM** EAST
RIDING



NHS
Humber Teaching
NHS Foundation Trust



School
Partnership