



Hilderthorpe PRIMARY SCHOOL

Aiming High - Reaching Higher

Shaftesbury Road
Bridlington
East Yorkshire YO15 3PP

Telephone: 01262 672475
Email: hilderthorpe.primary@eastriding.gov.uk
Head Teacher: Mrs S Hall

Tuesday 23rd January 2024

Dear Parent / Carers

East Riding MHST Coffee Morning

On Tuesday 30th January the East Riding Mental Health Support Team will be back in school hosting a coffee morning open to all parents and carers.

This is a wonderful, informal, opportunity to meet the team and support you and your child with good mental health.

This term's theme is self-esteem and emotional well-being.

The coffee morning will run from 9am - 10am in the School Hall. Please enter via the side gate.

Refreshments will be available free of charge.

We look forward to welcoming you.

Kind regards

Mrs J. Hoggarth

Assistant Head and SENCO



THE NATIONAL
NURTURING SCHOOLS
AWARD



School
Partnership



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MENTAL HEALTH
SUPPORT TEAM

EAST RIDING

East Riding MHST Coffee Morning Hilderthorpe Primary School



**Tuesday 30th
January 2024
from 9-10am**



**Theme: Self-esteem and
Emotional Wellbeing Support**

